

## 2010 Life for Life Support Group Agenda

<u>January 25<sup>th</sup></u>	“Back on Track” Becki Mudgett, RN Dr. Pettine
<u>February 22<sup>nd</sup></u>	“Exercise-No Excuses” 24 Hour Fitness” Dr. Dickinson
<u>March 29<sup>th</sup></u>	Open Discussion Dr. Roller
<u>April 26<sup>th</sup></u>	“Happiness-Achieving & Maintaining” Dr. Betty Vanek/Dr. Quaid
<u>May 24<sup>th</sup></u>	Open Discussion/Dumping Syndrome Dr. Pettine
<u>June 28<sup>th</sup></u>	Speaker TBA Dr. Dickinson
<u>July 26<sup>th</sup></u>	Becki - Dietitians “Weight Regain” Dr. Roller
<u>August 30<sup>th</sup></u>	Open discussion Dr. Quaid
<u>September 27<sup>th</sup></u>	PVH Dr. Pettine
<u>October 25<sup>th</sup></u>	Role of the Support Person - Becki Dr. Dickinson
<u>November 29<sup>th</sup></u>	Holiday Stress Dr. Quaid